### Welcome

Nifty Fifties... Plus (NFP) is a group that has been in existence for over 20 years and has grown with the neighborhood to over 150 members. NFP was founded by residents for people ages 50+ to meet their neighbors, develop friendships, engage in activities with them, and provide service to the community. NFP is a social and service organization whose dues-paying members are current (&past) residents of The Highlands, Lake Margaret and Cypress Glen communities.

# THE HIGHLANDS NIFTY FIFTIES...PLUS

#### Visit

Our website at: https://highlandsnf.org/

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### **Contact**

2<sup>nd</sup> Vice President vp2@highlandsnf.org For more information.

Dues of \$20 per member includes membership, a member directory, access to your choice of regular event groups (as many as you wish), access to pre-planned special events/activities, and a meal at the Annual Meeting.





### A Social and Service Organization

for

Residents of

## The Highlands

Chesterfield, Virginia Ages 50+





**3<sup>rd</sup> Friday Games Night** – Popular games of strategy and luck played each month at The Highlands Community Clubhouse at Lake Margaret.

**Bocce Ball** –Blend of bowling & horseshoes with a touch of shuffleboard. Takes place monthly from March – November generally on Tuesdays with a potluck lunch at The Highlands Community Clubhouse at Lake Margaret.

Golf For Fun – Co-ed group for clinic and golf. Players of all levels are welcome! Meets twice a month - April through October at The Golf Club at The Highlands.

Ladies Hand and Foot Cards – Popular meldmaking card game. Meets on the 2nd Wednesday evening of every month at The Highlands Community Clubhouse at Lake Margaret.

Mah-Jongg –A game of strategy, skill and luck that meets every Wednesday afternoon at The Highlands Community Clubhouse at Lake Margaret.

*Men's Poker Night* – Card game that meets twice a month on Fridays at The Highlands Community Clubhouse at Lake Margaret.

Men and Women's Duplicate Bridge – Men and women at all levels, with or without a partner. Played once a month at The Highlands Community Clubhouse at Lake Margaret. **Pickleball Group** – A paddle sport that combines elements of tennis, badminton and ping-pong using a paddle and plastic ball with holes. Appropriate for players of all ages and skill levels. Played at The Highlands Swim and Racquet Club courts on Tuesdays, Thursdays and Saturdays.

*Ping-Pong/Billiards Social Group* –*Play ping pong or billiards in this mixed social group.* 

*Swim Finners* – *Exercise at the pool during the summer. This is a mixed group.* 

**Walking Club** – Members meet on Monday and Thursday mornings to walk at various locations for lengths decided by the membership.



*Ladies Chick Flick Club* – *Enjoy watching new movie releases that are chosen by club members.* 

*Ladies' Lunch Bunch* – This group of ladies meets the 2nd Tuesday of every month and visit different restaurants during the year.

*Men's Lunch Bunch* – *This group of gentlemen meet the 1st Wednesday of the month at 11:30am. They visit different restaurants each month.* 

*Men's Macho Matinee* – *Real men watch these movies.* 



### Cheers

Wine/Beer Tasting – A social event held quarterly at The Highlands Community Clubhouse at Lake Margaret. Usually on a Sunday from 5:00pm to 6:30pm. Bring wine or beer with an appetizer to share.

### Special Events

Each month a special event is planned for the group. Squirrels Games, Colonial Downs, and tours of historical areas are just a few examples of the enjoyable events done in the past.



# – Volunteer Groups –

*Christmas Mother* – Volunteers are members of a committee which raises funds and buys gifts and food for needy families in the Chesterfield / Colonial Heights area.

Highlands' Massey Classic Golf Tournament Annual fund-raising event dedicated to the research, education and treatment at VCU Massey Cancer Center. Volunteers are needed in every aspect of running this event.

#### Holiday Decorations at Subdivision

*Entrances* – Help install and remove decorations at the Highlands, Lake Margaret and Cypress Glen entrances. This is an annual tradition.