

## **Welcome**

*Nifty Fifties... Plus (NFP) is a group that has been in existence for over 25 years and has grown with the neighborhood to over 150 members. NFP was founded by residents for people ages 50+ to meet their neighbors, develop friendships, engage in activities with them, and provide service to the community. NFP is a social and service organization whose dues-paying members are current (& past) residents of The Highlands, Lake Margaret and Cypress Glen communities.*

## **THE HIGHLANDS NIFTY FIFTIES...PLUS**

### **Visit**

*Our website at:*

<https://highlandsnf.org/home/>

*or*

### **Contact**

*2<sup>nd</sup> Vice President*

[vp2@highlandsnf.org](mailto:vp2@highlandsnf.org)

*For more information.*

**Dues of \$20 per member includes** membership, a member directory, access to your choice of regular event groups (as many as you wish), access to pre-planned special events/activities, and a meal at the Annual Meeting.

## **THE HIGHLANDS NIFTY FIFTIES...PLUS**



***A Social and Service  
Organization***

*for*

*Residents of*

***The Highlands***

*Chesterfield, Virginia*

*Ages 50+*



## –Activities –

### Fun and Games



**3<sup>rd</sup> Friday Games Night** – Popular games of strategy and luck played each month at The Highlands Community Clubhouse at Lake Margaret.

**Bocce Ball** – Blend of bowling & horseshoes with a touch of shuffleboard. Takes place monthly from March – November generally on Sundays at The Highlands Community Clubhouse at Lake Margaret.

**Golf For Fun** – Co-ed group for clinic and golf. Players of all levels are welcome! Meets twice a month - April through October at The Golf Club at The Highlands.

**Ladies Hand and Foot Cards** – Popular meld-making card game. Meets on the 2nd Wednesday evening of every month at The Highlands Community Clubhouse at Lake Margaret.

**Mah-Jongg** – A game of strategy, skill and luck that meets every Wednesday afternoon at The Highlands Community Clubhouse at Lake Margaret.

**Men's Poker Night** – Card game that meets twice a month on Fridays at The Highlands Community Clubhouse at Lake Margaret.

**Men and Women's Duplicate Bridge** – Men and women at all levels, with or without a partner. Played once a month at The Highlands Community Clubhouse at Lake Margaret.

**Pickleball Group** – A paddle sport that combines elements of tennis, badminton and ping-pong using a paddle and plastic ball with holes. Appropriate for players of all ages and skill levels. Played at The Highlands Swim and Racquet Club courts on Tuesdays, Thursdays and Saturdays.

**Ping-Pong/Billiards Social Group** – Play ping pong or billiards in this mixed social group.

**Swim Finners** – Exercise at the pool during the summer. This is a mixed group.

**Walking Club** – Members meet on Monday and Thursday mornings to walk at various locations for lengths decided by the membership.



### Around Town



**Ladies Chick Flick Club** – Enjoy watching new movie releases that are chosen by club members.

**Ladies' Lunch Bunch** – This group of ladies meets the 2nd Tuesday of every month and visit different restaurants during the year.

**Men's Lunch Bunch** – This group of gentlemen meet the 1st Wednesday of the month at 11:30am. They visit different restaurants each month.

**Men's Macho Matinee** – Real men watch these movies.



### Cheers

**Wine/Beer Tasting** – A social event held quarterly at The Highlands Community Clubhouse at Lake Margaret. Usually on a Sunday from 5:00pm to 7:00pm. Bring wine, beer or a non-alcoholic beverage with a dish to share.

### Special Events

Each month a special event is planned for the group. Squirrels Games, Colonial Downs, and tours of historical areas are just a few examples of the enjoyable events done in the past.

### – Volunteer Groups –



**Christmas Mother** – Volunteers are members of a committee which raises funds and buys gifts and food for needy families in the Chesterfield / Colonial Heights area.

**Highlands' Massey Classic Golf Tournament** Annual fund-raising event dedicated to the research, education and treatment at VCU Massey Cancer Center. Volunteers are needed in every aspect of running this event.

**Holiday Decorations at Subdivision Entrances** – Help install and remove decorations at the Highlands, Lake Margaret and Cypress Glen entrances. This is an annual tradition.